

## Contact us:

### Children's Speech and Language Therapy

3<sup>rd</sup> Floor, 6 Orsman Road

London N1 5QJ

Tel: 020 7683 4262

(Please leave message with contact details, we will call back)

Email: [hello@gethackneytalking.co.uk](mailto:hello@gethackneytalking.co.uk)

Web: [www.gethackneytalking.co.uk](http://www.gethackneytalking.co.uk)

Tell us what you think!

Go to <http://www.smartsurvey.co.uk/s/eyassessment/>  
to give us your feedback on your experience of our service



Homerton Healthcare  
NHS Foundation Trust

Children's Integrated Speech and Language  
Therapy Service for Hackney and the City

# Speech and Language Therapy in Hackney: CATCH Clinic

## Parent information leaflet



## What is a CATCH Clinic?

CATCH (Communication Assessment Together with Carers in Hackney and the City) is an initial assessment session run by the Speech and Language Therapy service. It is an informal play-based session for children who are under 5 years old. It is the way that most families in Hackney first access speech and language therapy.

### How do I refer my child?

You may be referred by a professional or you can refer yourself.

Information about local CATCH and how to refer are on our website:

[www.gethackneytalking.co.uk](http://www.gethackneytalking.co.uk)

You can also contact our Admin team directly to refer yourself, by calling 020 7683 4262 (leave a message with contact details) or emailing them at [hello@gethackneytalking.co.uk](mailto:hello@gethackneytalking.co.uk), with your child's details and the best way to contact you.

### Can I choose when to come?

**You need an invitation to attend, but can book yourself in easily by contacting our admin team or completing the referral form on our website – our team will book an appointment for you.**

If you are invited to a session that you can't come to, please call our Admin team to discuss re-booking for another day or location which works better.

If you have been to a CATCH before and want to get some more support from our service, there is no need to come to another one. Please call our Admin team, let them know you have attended before, and we will arrange for your local therapist to contact you.

### What will happen on the day?

When you arrive you will be asked to complete some paperwork. Help will be available if you need it.

#### **Please arrive at your given time.**

This is to help keep you safe by limiting the number of people present at one time. If you are late, we may not be able to see you.

After doing paperwork, you and your child will be able to play together until it is your turn to be seen by the therapist. Other families will be at the session too.

The therapist will spend about 20 minutes with you listening to your concerns and gaining some background information. The therapist will also observe your child whilst they are playing to assess their communication skills.

### What will the outcome be?

Based on the information gathered in this session the therapist will decide if they think your child will benefit from being seen again by a speech and language therapist.

This could be for more assessment or you might be invited for a block of therapy.

We may make a referral to other services such as Audiology or a Paediatrician, if it is agreed this will be helpful.

We will write a short summary of the session and this will be sent to you in the post.

We aim to give all families some advice or ideas to try at home following the session.

